



Weekly Message

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“The child who has felt a strong love for his surroundings and for all living creatures, who has discovered joy and enthusiasm in work, gives us reason to hope that humanity can develop in a new direction.” —Dr. Maria Montessori

STERLING’S FOOD DRIVE FINAL TALLY

We just can’t say enough about your generosity to our Community Food Drive initiative these past three weeks! In all, we collected over **3,500lbs. of donations** for our local Food Bank! This is **AMAZING** and we thank every individual (parents, teachers and students alike) that donated, collected, weighed and delivered.



In addition to the contribution of food and goods, Sterling will donate a portion of our 2020/21 [Annual Fund](#) directly to the Food Bank of Central and Eastern North Carolina. This is our ongoing initiative to give back to our community and model the altruism we hope to instill in our students. Because of your generosity throughout this school year, we delivered a check in the amount of **\$450!** According to the Food Bank, every \$10 donated provides 50 meals. **That’s 2,250 meals for our neighbors here in North Carolina!**

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APRIL WAS AUTISM AWARENESS MONTH



Autism is a complex, lifelong developmental disability that affects essential human behaviors such as social interaction, the ability to communicate ideas and feelings, imagination, self-regulation, and the ability to establish relationships with others. A Montessori education is an inclusive, integrated education for all students. We invite you to click [HERE](#) for resource information and links.

LHU BOARD PARENT SURVEY

On Thursday, the LHU Board sent out a link to all parents/guardians requesting feedback on the 2020/21 school year. This [anonymous survey](#) (link) takes about 10 minutes to complete and will be open from April 20th - May 10th. An email containing an overview of the results will be sent by the end of the school year.

TEACHER APPRECIATION WEEK

NEXT WEEK is National Teacher & Staff Appreciation Week! We are working with our PFA to plan some school-wide events for that week including:

- Tuesday (5/4) wear your teacher's favorite color to school, or in your remote lessons. Check out your teacher's favorite color [HERE](#).
- Thursday (5/6) bring or send to your teacher(s) an original thank you. This can be in the form of a card, an art project, a musical piece, etc. and can be digital or physical. Show your teachers what you have learned from them this year and how much you appreciate them!
- Friday (5/7) we will be hosting a catered lunch for our teachers and staff in appreciation for all their tireless and creative work this year!

COVID UPDATE

This week the CDC and Governor Cooper announced an order to modify mask protocols. For the time being, we will still follow our practice of masks not being required when: student are **outside for recess consistently AND maintaining 6 feet of physical distancing at all times**; when **a teacher holds a class outdoors with all individuals consistently maintaining 6 feet of physical distancing at all times**; and when **students are participating in an outdoor P.E. class with all individuals consistently maintaining 6 feet of physical distancing at all times**. We will continue to evaluate our situation over the next few weeks.

IMPORTANT DATES FOR THE COMING WEEK

- **TEACHER & STAFF APPRECIATION WEEK** - May 3rd - May 7th

- **LHU DEI COMMITTEE MEETING** - Monday May 3rd @ 4:00pm
- **CINCO DE MAYO** - Wednesday, May 5th
- **LHU POLICY COMMITTEE MEETING** - Wednesday, May 5th @ 4:00pm
- **LHU GOVERNANCE COMMITTEE MEETING** - Wednesday, May 5th @ 5:00pm
- **LHU STRATEGIC PLANNING COMMITTEE** - Friday, May 7th @ 9:00am
- **MOTHER'S DAY** - Sunday, May 9th

See all upcoming event and meeting details on the [Event Calendar](#)

STERLING FACULTY SPOTLIGHT

May Quan - Upper Elementary Lead Teacher



"Hello, my name is May Quan. I have been with the Sterling Family for more than 20 years. I started as a TA in H2 & B8, then a co-teacher in B4, B6, C12, & D14, and now a lead teacher in C14. I received my teaching licensure and Montessori training while working full-time at Sterling. My first experience with Montessori was when I shopped for a preschool for my second son before I became a part of the Sterling staff. I fell in love with the Children's House. When I first observed A Building, I knew that was the place that I wanted my children to attend. I have three sons who went through the Montessori

system at Sterling. Being a Montessori teacher, I like the flexibility of Montessori coursework that can challenge my students on every level. I was once told that I am a selfless teacher when it comes to educating others because I share any knowledge that I have. I also offer my students the opportunity to learn about investing through the Stock Market Game. I feel that I am a very adventurous person. I participated in all BJP high ropes activities even though I am afraid of heights. I have traveled to many places, but my next dream trip is to visit Greece and Egypt hopefully in the near future. I love all Vietnamese desserts and anything with coconuts. I enjoy hiking, water sport, skiing, reading (finance-related articles), cooking, and a good movie."

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