



4th Grade Curriculum
“I Wonder How Things Work”

Lesson 1: A Climate for Growth/ Families and Roles

- Discuss what students already know or have heard about puberty
- Propose guidelines for respectful discussions during lessons
- Plan ways to initiate/improve communication with trusted adults regarding growing up
- Discuss positive qualities they see in their family
- Examine gender roles, expectations, stereotypes and ways they can affect people

Lesson 2: New Life

- Examine a variety of ways animals reproduce
- Explain that fertilization must occur for a new life to begin
- Compare and contrast animal families and human families
- Explain the responsibility/maturity involved in becoming a parent

Lesson 3: Growing up Male

- Identify changes that occur in males during puberty
- Define the structures and functions of the male reproductive system
- Practice communication skills by talking with parents or trusted adults about puberty.

Lesson 4: Growing up Female

- Identify changes that occur in females during puberty
- Define the structures and functions of the female reproductive system
- Practice communication skills by talking with parents or trusted adults about puberty.

Lesson 5: Changes in the Skin

- Summarizes the importance of caring for our bodies during puberty
- Propose ways to care for their bodies as they mature.