

CHANGES TO HEALTH MONITORING, SCREENINGS AND REPORTING

At Sterling, our top priority is the health and welfare of our community. Beginning April 12, 2021, we will no longer be conducting daily on-site health screenings of **students** during carpool (using Greenlight or asking the health questions). Health screening and temperature checks will continue for Sterling staff and adult visitors. We will provide reminders every Monday with the screening protocols for families to assess at home.

Signs will be posted at school entrances stressing the need for students, staff and visitors to stay home if they suspect they may be infected or exposed to COVID-19. Families should assess their student's health at home before arriving to school. Students must stay home if:

- They have tested positive for COVID-19 and have not met the criteria for returning to school;
- They have recently had close contact with a person with COVID-19 and have not met the criteria for returning to school;
- They have a fever of 100.4 degrees or higher. A fever is determined by a thermometer reading 100.4 or higher.

Students must be free of any symptoms potentially related to COVID-19 to be on campus. At this time, these symptoms include one or more of the following:

- fever of 100.4 degrees or higher
- sore throat
- new shortness of breath or difficulty breathing,
- new cough (persistent dry cough unrelated to allergies),
- new loss of taste or smell
- diarrhea or vomiting
- or the onset of a severe headache

Anyone who has been exposed to COVID-19 and has not met the criteria for returning to school will not be allowed to attend school on campus.

These steps are being taken to replace current health screening protocols that are no longer required by the N.C. Department of Health and Human Services. While the goal of our previous screening program was also to keep those infected from being on campus, our data and the guidance from health officials showed the practice could be improved. The N.C. Department of Health and Human Services no longer requires screenings.

In addition, effective immediately, household members are no longer required to stay home if a student or employee living in the same household is experiencing a symptom of illness, but has not been diagnosed with COVID-19. Students are required to quarantine if someone they live with has been diagnosed with COVID-19.

HEALTH MONITORING & SCREENINGS

Campus Health Monitoring & Screening Requirements During the School Day

Staff will continue to monitor students for symptoms such as fever, cough, headache or shortness of breath.

If a child develops symptoms while at school, he or she will be immediately isolated to a designated space under the supervision of a staff member and be required to continue wearing a face covering. A parent or guardian will be expected to promptly pick up their child from school.

More information on monitoring symptoms is available from the [CDC](#).

Quarantine Guidance/Post Vaccination

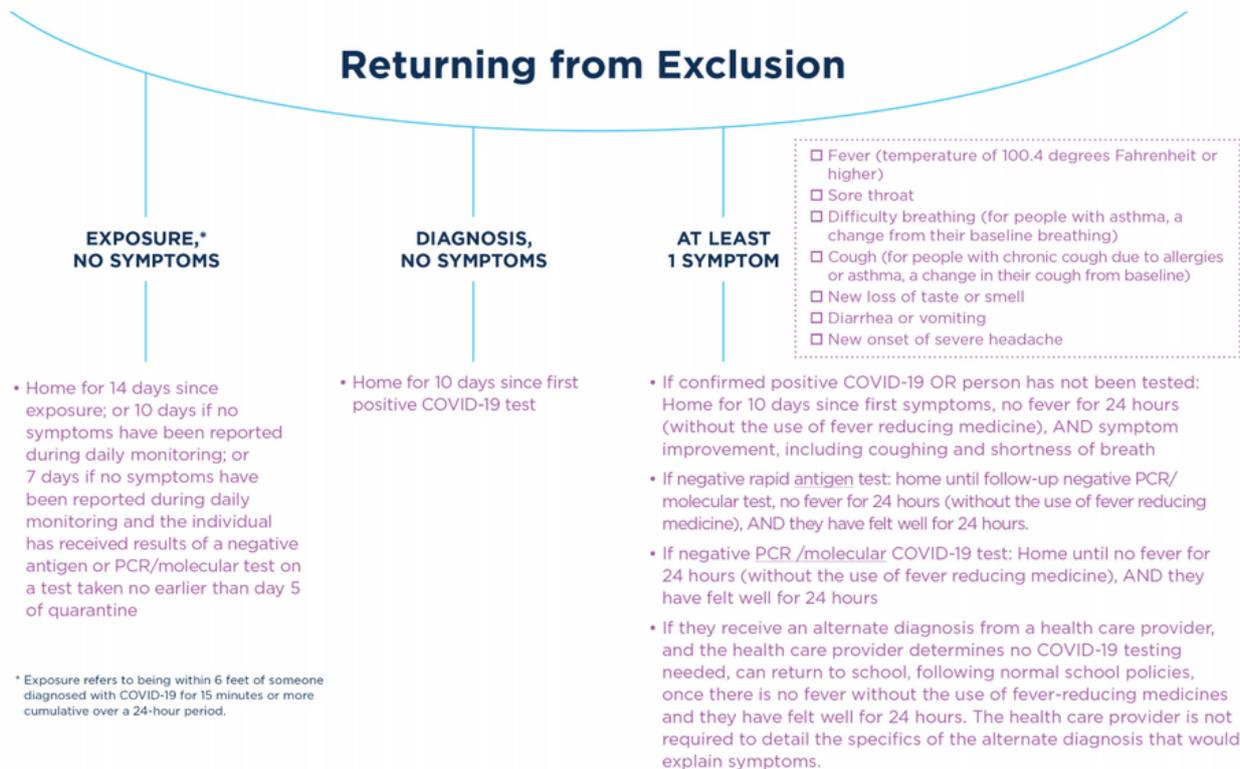
An individual is not considered fully vaccinated with only 1 dose of a 2-dose series or it has not been a full 2 weeks since getting the 2nd dose of a 2-dose series. Therefore you will need to complete a 14 day quarantine from the date you were exposed to a positive case.

Per the CDC Guidance: Those individuals that **have** received the COVID vaccine and are **exposed** to a positive case **do not need to quarantine** if the meet the following **criteria**:

- a. Are **fully vaccinated** (i.e., at least 2 weeks after getting their second dose in a 2-dose series or one-dose of a single-dose series)
- b. Have had **no symptoms** from when they were exposed to someone with COVID-19
- c. **Live outside of a group setting**. Individuals in group settings such as group homes, jails, etc., still need to quarantine following an exposure.

RETURNING FROM EXCLUSION

Returning from Exclusion Flow Chart



UPDATED FEBRUARY 2021:



If exposure to COVID is **within your household**, all members of the household must quarantine for the **full 14 days if isolated** from the COVID-positive person. If the COVID-positive person is not able to isolate, all members of the household must quarantine for **24 days**.

COVID-19 Screening protocols from North Carolina Department of Health and Human Services - [Public Health Toolkit K-12](#) (link). Please refer to this document for more details, as Sterling will continue to follow NCDHHS guidelines for our school.



REPORTING COVID-19 CASES



Procedure for Reporting COVID-19 on Campus

Each individual's health information is a private matter. No one should publicly declare another employee or student as sick. In the event others need to be notified of a suspected or positive case of COVID-19, local health officials will notify them and provide them further instructions. To protect individual privacy, notifications will not identify anyone by name or contain information that could be used to identify them.

Sterling will report positive cases of COVID-19 to Wake County Public Health authorities and work with them for follow up and contact tracing. Families are notified through our messaging system when there is a positive case in their student's classroom. Sterling will also summarize any cases during the Executive Report at each monthly LHU Board meeting and provide updated Board minutes for review..

If any person with COVID-19 was on Sterling's campus, while infectious, we will coordinate with local health officials to notify employees and families who were in close contact with the positive person while maintaining confidentiality in accordance with FERPA, NCGS130A-143, and all other state and federal laws.

Close contact is defined as being within six feet of someone with COVID-19 for a cumulative total of 15 minutes over a 24-hour period.

In the event of a case of COVID-19 at Sterling, the affected area will be systematically disinfected. Our disinfectant is EPA-approved for SARS_CoV-2, the virus that causes COVID-19.

UPDATES TO HEALTH & SAFETY PLANS

STUDENT HEALTH & SAFETY	PLAN A/ MODIFIED PLAN A	PLAN B
<p>CARPOOL/ ARRIVAL & DISMISSAL</p>	<ul style="list-style-type: none"> Extended arrival schedule 8:30-9:00am, with new Carpool Routes - Carpool procedures may change and will be communicated prior to the start date. Entryways are marked to designate appropriate distancing. Late arrivals must park in the Main Parking lot and parents will escort their child to their student's classroom patio door For early pickups, email classroom teacher and main office (office@sterlingmontessori.org) with time of arrival. All parents/guardians picking up early must wear a mask and receive a health screening outside the main office. Bring drivers license for proof of identity. 	
<p>MAIN OFFICE/ VISITORS</p>	<ul style="list-style-type: none"> Physical barriers - Plexiglass at desk Only essential visitors will be allowed and must be pre-arranged. All ADULTS will go through the same health screening process as employees (temperature checks and health questions). Late drop-offs will go straight to the class, as defined above 	
<p>MASKS & CLOTH FACE COVERINGS</p>	<ul style="list-style-type: none"> MODIFICATIONS TO MASK REQUIREMENTS. As outdoor temperatures warm, we've been asked about any changes to our mask requirements. According to NCDHHS (which we follow), masks are not required when students are outside for recess AND maintaining 6 feet of physical distancing at all times; a teacher holds class outdoors with ALL individuals consistently maintaining 6 feet of physical distancing at all times; students are participating in an outdoor P.E. class with all individuals consistently maintaining 6 feet of physical distancing at all times. 	

