



# Physical Activity Club

Join Mr. David and Mr. Michael for an in-person, on-campus club experience. PAC is a wonderful way for students to connect with their peers, improve their physical fitness and have a whole lot of fun in the process! Join the PAC!

Students will engage in games and activities that are designed to encourage team work, practice problem solving with their peers and improve gross motor skills.

PAC is for students in the 1st and 2nd grades. Students may sign up for the Monday session, Thursday session or both the Monday and Thursday sessions. Camp will be limited to the first 20 students who register and will be held in-person.

**Sterling is dedicated to student safety.** All teachers and students will be screened before each session (temperature check, COVID questionnaire). Teachers will wear a mask at all times and encourage frequent hand washing. Students are required to wear a mask whenever they are unable to remain 6 ft from their peers.

**Dates:** 10/19/2020 - 12/17/2020 (8 or 16 sessions)  
Mondays and Thursdays, 4:15 PM - 5:15 PM

**Location:** In-person, Sports Court and Field

**Cost:** \$80/student for Monday or Thursday (1 hour/week)  
\$160/student for Monday and Thursday (2 hours/week)



**Registration and payment for clubs can be made through MySchoolBucks via Sterling's website.** If you need assistance with MySchoolBucks, please contact [dkimball@sterlingmontessori.org](mailto:dkimball@sterlingmontessori.org).

**For club questions,** please contact [mnye@sterlingmontessori.org](mailto:mnye@sterlingmontessori.org) or [davidhelwig@sterlingmontessori.org](mailto:davidhelwig@sterlingmontessori.org).

**For registration questions,** please contact [wyleendavis@sterlingmontessori.org](mailto:wyleendavis@sterlingmontessori.org).