## NOTIFICATIONS OF STUDENT PHYSICAL AND MENTAL HEALTH

# **Notice of Services**

At the beginning of each school year, the Sterling Montessori Academy & Charter School shall notify parents of each health care service offered at Sterling and the means for the parent to provide consent for any specific service.

Prior to or contemporaneous with changes, Sterling shall provide notice of changes in services or monitoring related to his or her child's mental, emotional, or physical health or well-being and Sterling's ability to provide a safe and supportive learning environment for that child.

Prior to the administration to students in kindergarten through third grade, Sterling shall provide a copy of any student well-being questionnaire or health screening form and the means for the parent to consent to the use of the questionnaire or form for his or her child.

### Reproductive Health and Safety Education

Sterling shall notify parents prior to allowing students to participate in reproductive health and safety education programs. Prior to participation in such programs, parents will have the opportunity to review the materials to be used in the program and to provide their consent for the child's participation.

#### Name/Pronoun Changes

Sterling shall notify the parent prior to any changes in the name or pronoun used for a student in Sterling's records or by Sterling's personnel.

#### Age-Appropriate Instruction for Grades K-4

Instruction on gender identity, sexual activity, or sexuality shall not be included in the curriculum provided in grades K-4, regardless of whether the information is provided by Sterling's personnel or third parties.

#### Role of Parents

Sterling personnel shall encourage a child to discuss issues related to the child's well-being with his or her parent and, when appropriate, facilitate discussion of the issue with the child's parents.

Sterling personnel shall not discourage or prohibit parental notification of and involvement in critical decisions affecting a student's mental, emotional, or physical health or well-being.

Nothing in this policy shall prohibit parents from accessing any of their child's education and health records created, maintained or used by Sterling except when Sterling personnel reasonably believe that such disclosure would result in the child being abused or neglected or when an authorized investigator requests that information not be released because the parent is being investigated for abuse, neglect or other criminal act or when disclosure is otherwise prohibited by law.

References: N.C.G.S. 115C-76.35(b)(5); 115C-76.45; -76.55

Board Approval Date: \_\_\_\_\_\_, 2023